

What Size Van Do I Need for a One-Bedroom Flat?



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What size van is best for moving a one-bedroom flat?

A [medium wheelbase van](#) (like a Ford Transit Custom) is usually the best fit for a one-bedroom flat. It offers a balance of capacity and manoeuvrability for city moves.

This type of van typically holds 30–40 boxes and small furniture, ideal for compact relocations.

Can a one-bedroom flat fit in a small van?

Yes, but only if you have minimal belongings. A small van like a Ford Connect works for basic moves or if most furniture is already moved separately.

- Volume: approx. 3–4 cubic metres
- Ideal for: a few boxes, bags, and compact furniture

Do I need a Luton van for a one-bedroom move?

Not always. A [Luton moving van](#) may be too large unless you have bulky furniture or appliances. Choose it if you're moving with wardrobes, sofas, or a washing machine.

Its tail lift helps with loading heavy items, but parking might be harder.

How many boxes can fit in a [medium removals van](#)?

A medium van fits 30–40 standard moving boxes or a mix of boxes and small furniture.

Here's a quick breakdown:

- 10–15 large boxes
- 10–15 medium boxes
- 5–10 small boxes
- Plus: chairs, TV units, flat-packed furniture

Is one man and van enough for a one-bedroom flat?

Usually, yes. One man and a van works for most small moves. But if you live on a higher floor or have heavy items, consider hiring 2 men for efficiency.

It also depends on how much help you can provide during loading.

How long does it take to move a one-bedroom flat?

Most one-bedroom flat moves take 2 to 4 hours, depending on stairs, distance, and how packed your items are.

Time estimates:

- 2 hours – local moves, ground floor
- 3–4 hours – stairs, longer distances, packing included

What should I consider when choosing van size for a move?

Key factors include volume of items, size of furniture, access to property, and parking space.

Ask yourself:

- Do you have large furniture?
- Is your flat up multiple flights of stairs?
- Is parking limited or restricted?

How much does it cost to hire a van for a one-bedroom move?

Prices start at £50–£60/hour for [one man and a medium van](#). Costs increase based on van size, number of helpers, and travel time.

Typical pricing breakdown:

- Small van: from £45/hour
- Medium van: from £60/hour
- Luton van: from £75/hour

What's the difference between small, medium, and large vans?

The main differences are in loading space and capacity.

Van Size	Volume	Best for
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Small	3–4 m ³	Boxes & small items
Medium	6–8 m ³	One-bedroom flats
Large/Luton	10–18 m ³	Bulky furniture

Can I travel in the van with the driver during the move?

Yes, most man and van services allow one passenger to ride in the van for free. This saves on transport and helps you stay close to your belongings.

Ready to move your one-bedroom flat?

Our expert team at London Man Van makes it simple and stress-free. Book a [man and van online](#) or call us for a fast quote tailored to your move.